

# NEWS RELEASE

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## NEW POLL FINDS MORE THAN ONE THIRD OF UK ADULTS BELIEVE PRAYER CAN BOOST MENTAL HEALTH

A new survey released today has found that more than a third of UK adults believe prayer can help them overcome mental health struggles. The poll, conducted by Savanta ComRes and commissioned by the Eternal Wall of Answered Prayer, revealed 38% of UK adults believe that prayer is good for their mental health.

The survey, which sampled 2075 UK adults aged 18 and over, also found that more than four in ten (43%) believe prayer can make them feel more hopeful, despite only a quarter (26%) saying they felt more hopeful today than they did ten years ago.

Eternal Wall of Answered Prayer founder Richard Gamble says, "While it is encouraging to note that almost 40% of the country believe prayer is good for mental health, we need to see prayer as more than just another tool in the wellbeing first aid kit, and more a conversation with God. Prayer can bring hope, and hope is one of the most powerful forces in the universe."

The survey found that more than half of UK adults (53%) are anxious about the mental health of the next generation and almost half (45%) are anxious about their own future.

Gamble continues, "Fear is not often visible. We can't see it, but many are living with it on a daily basis. Through the Eternal Wall of Answered Prayer, we have received stories of hundreds of people who have lived with fear and found the only real solution was prayer, and for those who pray."

The Eternal Wall of Answered Prayer is a new national landmark which will eclipse the size of the Angel of the North and aims to profile a million answered prayers on a site at Coleshill on the outskirts of Birmingham. The structure will be surrounded by 10 acres of landscaped ground, providing an opportunity for reflection and prayer.

"Prayer we know helps people find peace which is so hard to come by these days. Providing a space where people can come to reflect on the value of prayer and access stories of hope whatever their background or world view, we believe will strengthen mental well-being across the nation. And for those that pray they can do so in the knowledge of a God who listens and responds."

Construction begins this year and the site is set to open in early 2023. A crowdfunding appeal is being launched this month to fund the remainder of the £12m project, which Gamble says he started after hearing the voice of God. The public art piece will stand at 169 feet and is expected to attract 300,000 visitors each year, contributing £9.3 million to the local economy.

"It's a colossal piece of public art, a giant infinity loop made up a million bricks," he added.

“Every single one of a million bricks represents a story of answered prayer to make hope visible to all who see this Christian monument. When visitors get close up they will see these bricks and will be struck with the realisation that each one has a story attached. It will point them to the God who answers.”

For more information and to donate, visit [www.crowdfunder.co.uk/eternalwall](http://www.crowdfunder.co.uk/eternalwall)

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For more information, interviews or comment please contact Matthew Murray at Jersey Road PR. e: [matthew@jerseyroadpr.com](mailto:matthew@jerseyroadpr.com) or t: 07849758046.

For more information about Eternal Wall of Answered Prayer please visit:

Web: <https://www.eternalwall.org.uk>

Twitter: <https://twitter.com/eternalwalluk>

Facebook: <https://www.facebook.com/EternalWallUK/>

## NOTES TO EDITOR

### About Eternal Wall of Answered Prayer

Eternal Wall of Answered Prayer will be a huge, thought-provoking piece of public art created to make hope visible by showing the reality of the power of prayer.

The arch structure will be constructed using one million bricks, each representing individual prayers that have been answered from across history and by current generations.

Built in the heart of the UK between the M6 and the M42 motorways near Birmingham, the structure hopes to create a nation of storytellers; to transform the culture of the UK, to become one where stories of the miraculous can become part of the nation's consciousness.

The structure will tower 51.5m into the skyline and will be seen by over 500k journeys per week, with expected visitor numbers of 300k per annum. The project is a people-driven, community-focused project that will seek to generate a gross social value of £1.4billion, including £430million in local charitable donations. The project will also be donating one millions bricks to fund local social housing.

To donate to the project, or to submit an answered prayer please visit: [eternalwall.org](http://eternalwall.org)

### About Richard Gamble

Richard is the visionary behind the colossal project to build Eternal Wall of Answered Prayer. Having the idea in 2004, he felt the go ahead to launch in 2015, and for the past five years Richard has shared the incredible concept all around the UK, rallying people behind the belief that one individual's answered prayer can be another person's hope.

After becoming a Christian in 1990 Richard studied at bible college and then worked for British Gas before leaving the big corporate world to make his mark in entrepreneurship, co-founding both a software business and a marketing consultancy. With a keen love of football, he became CEO of Sports Chaplaincy UK, and was former chaplain of Leicester City Football Club. Richard lives in Leicestershire and is married with three children.

Savanta ComRes surveyed 2,075 UK adults aged 18+ online between 13<sup>th</sup> and 15<sup>th</sup> August 2021. Data were weighted to be representative of the UK population by age, gender, region and social grade. Data tables can be found at [comresglobal.com/our-work/poll-archive/](https://comresglobal.com/our-work/poll-archive/)